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**FOR IMMEDIATE RELEASE**

**Monday, July 13, 2009**

**AMMC HOSTS HEALTH FAIR AT RECTOR**

**WHO:** Arkansas Methodist Medical Center

**WHAT:** AMMC is sponsoring a health fair for Rector residents to help raise awareness on the importance of preventative medicine.

**WHEN:** Thursday, July 23<sup>rd</sup> from 9:00 am-12:00 pm

**WHERE:** Community Center

**WHY:** Preventative health screenings offer people a chance to detect possible health concerns before they become a problem. Healthcare professionals will be at the health fair to discuss the latest treatments and technology. Free blood sugar and cholesterol screenings and blood pressure checks will be available. Other helpful information and literature will also be on hand.

For more information, please call 870-239-7017.

A recognized leader, Arkansas Methodist Medical Center in Paragould provides progressive, compassionate healthcare to residents throughout Northeast Arkansas and Southeast Missouri. Additional information about AMMC is available at: [www.arkansasmethodist.org](http://www.arkansasmethodist.org).