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**FOR IMMEDIATE RELEASE**  
**Wednesday, September 16, 2009**

**AMMC HOSTS MEN'S HEALTH FAIR**  
*Building Good Health*

WHO: Arkansas Methodist Medical Center

WHAT: AMMC is sponsoring its 12<sup>th</sup> Annual Men's Health Fair, "Building Good Health."  
This year's health fair will include:

- Blood glucose and cholesterol screenings
- PSA testing (blood screening for prostate cancer)
- Blood pressure checks
- Weight and nutrition information and screenings
- Prostate Cancer Screenings given by AMMC Urologist Dr. Randy Shelley-please call (870) 236-3308 by Wednesday, September 23<sup>rd</sup> to schedule an appointment
- Many other healthcare providers including the Paragould Doctors' Clinic will have booths set up to showcase the latest information, products and trends in men's healthcare.

All services are free to the public.

WHEN: Thursday, September 24<sup>th</sup> from 8:00 am-4:00 pm

Starting at 1:00 pm, Gazaway Lumber will present how to 'trim and fit' molding. From 2:00 pm-3:00 pm, Barton's of Paragould will be doing a kitchen renovation demonstration and at 3:00 pm, Lowe's Home Improvement Warehouse will have a special presentation for guests.

WHERE: Arkansas Methodist Medical Center Professional Office Building Auditorium  
900 West Kingshighway, Paragould

A recognized leader, Arkansas Methodist Medical Center in Paragould provides progressive, compassionate healthcare to residents throughout Northeast Arkansas and Southeast Missouri. Additional information about AMMC is available at: [www.arkansasmethodist.org](http://www.arkansasmethodist.org).